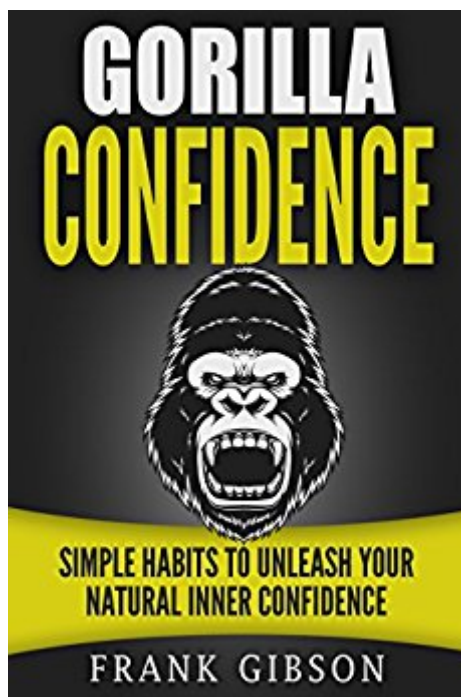


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# **Confidence: Gorilla Confidence – Simple Habits To Unleash Your Natural Inner Confidence (Self Esteem, Charisma, Personal Magnetism & Self Confidence)**



## Synopsis

Have you always wanted to be more confident around new people, at work or even in the bedroom? More than 50 percent of all people suffer from a lack of confidence in one situation or another and despite this fact, most people still don't know the best ways for dealing with their own lack of confidence. Increasing your level of confidence is akin to improving your self-worth and the more confidence you have the more you will understand what you are truly capable of and what your true value is. Those who tend to be more confident tend to experience more happiness and an overall level of enjoyment of their lives regardless of the specific situations. They also tend to experience much less self-doubt as a result of either anxiety or fear. So stop living in a world defined by doubt, improve your confidence level and experience all the joy and happiness you have always known you deserve! Inside you will find: Ways to ensure you are more confident in both body and mind Tips for keeping your confidence high while meeting new people regardless of the situation. One surefire way to make yourself more confident when dealing with the opposite sex, guaranteed! And much, much more! | Scroll To The Top & Click The "BUY NOW" Button You'll be so happy you did!

## Book Information

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## Customer Reviews

Everything depends on our confidence. I think if we are confident to do anything then the work half done already. This book talks about few important things like: How works your thought in building your confidence. How to build confidence around new people. How to speak confidently in public. How to work confidently. How to be a good leader. The way to be confident around opposite sex. The way of building confidence in our home. I'm really happy to have this book.

Having a lack of confidence can be a difficult issue to overcome for most people. This book does a good job of outlining effective strategies to combat this situation, and give many tips and advice that was very helpful. Whether in social or business settings, having lack of self confidence can hurt your chances of finding a soul mate or closing new business contracts, so having a resource like this book is very valuable. Well written and easy to read, I highly recommend this gem of a book.

I purchased this book because I'm always looking for ways to improve my confidence. This is a very well written motivational and inspiring book. There are definitely tips in here that I've never heard of but make sense for me to start implementing in my life. The author did a great job in explaining self-confidence in this book. I really enjoyed reading this book and I think you all will too. I think I am more confident than before. It will definitely improve your life.

A friend of mine has been struggling with severe social anxiety, and even though I've always given him advice on how to handle it, he always seems to forget it. So I decided to buy a few books for him, including this one. The information contained in this book is comprehensive, and the tips provided are quite basic, but essential, practical and easy to follow. And I must say, my friend is quite happy with it.

I have always been one of those who have low self-esteem, always afraid to be in front of a lot of people and hated public speaking, it had a lot to do with my cultural background and what surrounding me. For achieving this self confidence, you just need to go through a disciplined path and remove anxiety. After reading this book I can say, this book can be really helpful for those who have lost their confidence and want to get it back. I would recommend it anybody whether you feel like you have low confidence or want to improve your level of confidence.

Improving oneself starts with having confidence. Every day we face different types of people, there are times that we just ignore opportunities because we are afraid of the outcome. This book is a

very good guide in gaining confidence , since it will be our sword on how we deal with life. It is a developing process, and through this book youâ€™ll know how to start having one.

This kind of book is one of the most sought-after books today in Kindle. It is the aggressive kind to maximize your confidence for a lot of purposes. It is very truthful, realistic and painfully honest in the best way there is. I like to read it over and over and see how the change make in my life. What a leap it has been after finishing this book for days!

This book will help you to regain and to have your confidence back and never lose it again. You will be able to learn how you can have the confidence regardless of the negative feedbacks from your coworkers, friends and the people around you. Learn also to boost self esteem, how to use your charisma and personal magnetism.

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